

Nutrison Advanced Diason

A ready-to-use, low glycaemic index, nutritionally complete, enteral tube feed for the dietary management of diabetes mellitus and/or hyperglycaemia

Features

- 100% of protein from soy
- Low Glycaemic Index of 17 to support glycaemic control
- Fibre enriched, MF6* fibre blend, 15g per pack to help maintain normal bowel function and assist in glycaemic control¹
- Low saturated & polyunsaturated fatty acid levels and increased proportion of monounsaturated fatty acids, consistent with health recommendations to improve lipid profile and minimise cardiovascular disease risk²
- Carbohydrate from fructose and starch to support glycaemic control.³ Glucose and sucrose free.
- Enriched with carotenoids reflecting general health recommendations for its antioxidant properties and positive health benefits⁴

Indications

For the dietary management of:

- Disease related malnutrition
- Patients with diabetes mellitus and/or hyperglycemia

Important Notice

- Not suitable for patients with galactosaemia
- Not suitable for infants under 1 year of age
- Use with caution in children aged 1-6 years
- Not suitable for patients requiring a fibre free diet
- Not for parenteral use

Directions for Use

- Use at room temperature
- Shake well before use
- Handle aseptically to ensure product remains sterile
- Usage to be determined by a healthcare professional

Storage

- Store in a cool, dry place
- Once opened, store in the refrigerator
- Discard unused content after 24 hours



Ordering Information

- To order contact Nutricia Customer Care 0800 688 747

| Nutrison Advanced Diason | Code | Units per carton | Pharmacode |
|--------------------------|-------|------------------|------------|
| 1000ml pack | 91452 | 8 | 2118912 |

Ingredients

Nutrison Advanced Diason: Water, starch (tapioca), **soy** protein, vegetable oils (sunflower oil, rapeseed oil), fructose, dietary fibres (inulin, oligofructose, arabic gum, **soy** polysaccharides, cellulose, resistant starch), emulsifier (**soy** lecithin), potassium citrate, sodium chloride, acidity regulator (citric acid), potassium chloride, magnesium carbonate, tri calcium phosphate, carotenoids (contains **soy**) (β-carotene, lutein, lycopene), choline chloride, di potassium hydrogen phosphate, calcium hydroxide, sodium L-ascorbate, potassium hydroxide, DL-α-tocopheryl acetate, ferrous lactate, zinc sulphate, nicotinamide, retinyl acetate, chromium chloride, copper gluconate, manganese sulphate, calcium D-pantothenate, cyanocobalamin, sodium selenite, D-biotin, pteroylmonoglutamic acid, cholecalciferol, thiamin hydrochloride, pyridoxine hydrochloride, riboflavin, sodium fluoride, potassium iodide, sodium molybdate, phytomenadione.

1. Post RE et al. J Am Board Fam Med 2012;25:16-23
2. Franz MJ et al., J Am Diet Assoc. 2010;110:1852-1889
3. Moore MC et al. Diabetes Care. 2001;24:1882-1887
4. Vaisman N et al., Clin Nutr. 2006;25:897-905



*MF6 is a unique, patented blend of six soluble and insoluble fibres (soy polysaccharide, cellulose, resistant starch, gum arabic, oligofructose and inulin) reflecting the proportions of the different fibre types in a healthy diet.

A food for special medical purposes; to be used under strict medical supervision.

For more information call the Nutricia Clinical Care Line 0800 688 742

NZMN257DEC16

Nutrison Advanced Diason

| Nutrition Information | | Per 100ml | Per 1000ml |
|-----------------------------|------|----------------|------------|
| Energy | kcal | 103 | 1030 |
| | kJ | 435 | 4350 |
| Protein | g | 4.3 (17%E) | 43 |
| Soy | g | 4.3 | 43 |
| Carbohydrate | g | 11.3 (44%E) | 113 |
| Sugars | g | 2.3 | 23 |
| as Lactose | g | <0.006 | <0.06 |
| as Glucose | g | 0 | 0 |
| as Sucrose | g | 0 | 0 |
| Fat | g | 4.2 (36%E) | 42 |
| Saturates | g | 0.5 | 5 |
| Monounsaturates | g | 3.0 | 30 |
| Polyunsaturates | g | 0.7 | 7 |
| $\omega 6 / \omega 3$ ratio | | 8.5:1 | 8.5:1 |
| Fibre | g | 1.5 (3%E) | 15 |
| Soluble:Insoluble | | 80:20 | 80:20 |
| Water | ml | 84 | 840 |

| Minerals | | Per 100ml | Per 1000ml |
|------------|------|-----------|------------|
| Sodium | mg | 100 | 1000 |
| | mmol | 4.3 | 43 |
| Potassium | mg | 150 | 1500 |
| | mmol | 3.8 | 38 |
| Calcium | mg | 80 | 800 |
| Phosphorus | mg | 72 | 720 |
| Magnesium | mg | 23 | 230 |
| Chloride | mg | 125 | 1250 |
| Ca:P ratio | | 1.1:1 | 1.1:1 |

| Vitamins | | Per 100ml | Per 1000ml |
|------------------------|--------------------|-----------|------------|
| Vitamin A | $\mu\text{g-RE}$ | 82 | 820 |
| Vitamin D ₃ | μg | 0.7 | 7 |
| Vitamin E | mg- α -T.E. | 2.5 | 25 |
| Vitamin K | μg | 5.3 | 53 |
| Vitamin C | mg | 15 | 150 |
| Thiamin | mg | 0.15 | 1.5 |
| Riboflavin | mg | 0.16 | 1.6 |
| Niacin | mgNE | 1.8 | 18 |
| Vitamin B6 | mg | 0.17 | 1.7 |
| Vitamin B12 | μg | 0.5 | 5 |
| Folic Acid | μg | 38 | 380 |
| Pantothenic Acid | mg | 0.53 | 5.3 |
| Biotin | μg | 4 | 40 |

| Trace Elements | | Per 100ml | Per 1000ml |
|----------------|---------------|-----------|------------|
| Iron | mg | 1.6 | 16 |
| Zinc | mg | 1.2 | 12 |
| Manganese | mg | 0.33 | 3.3 |
| Copper | μg | 180 | 1800 |
| Iodine | μg | 13 | 130 |
| Molybdenum | μg | 10 | 100 |
| Selenium | μg | 7.5 | 75 |
| Chromium | μg | 12 | 120 |
| Fluoride | mg | 0.1 | 1 |

| Other | | Per 100ml | Per 1000ml |
|-------------|----------------------------|-----------|------------|
| Carotenoids | mg | 0.2 | 2 |
| Choline | mg | 37 | 370 |
| Osmolality | mOsmol/kg H ₂ O | 360 | 360 |

