

Fortisip

A ready-to-drink, high energy, nutritionally complete, oral nutritional supplement containing 300kcal and 12g protein per 200ml bottle

Features

- Suitable as a sole source of nutrition or as a nutritional supplement
- Added carotenoids reflecting general health recommendations for their antioxidant properties and positive effect on immune function
- Fibre free (except for Chocolate variety which contains 0.6g fibre per bottle)
- Available in 6 flavours
- User friendly, easy to hold plastic bottle with straw attached and resealable cap

Indications

For the dietary management of:

- Disease related malnutrition
- Patients with high energy and protein requirements
- Low residue diet

Important Notice

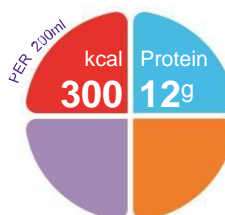
- Not suitable for patients with galactosaemia
- Not suitable for infants under 1 year of age
- Use with caution in children aged 1-6 years

Directions for Use

- Best served chilled
- Shake well before use
- Usage to be determined by a healthcare professional
- **Suggested intake:**
1-3 bottles/day as a supplement or
5-7 bottles/day as a sole source of nutrition

Storage

- Store in a cool, dry place
- Once opened, store in the refrigerator
- Discard unused content after 24 hours



Ordering Information

- To order contact Nutricia Customer Care
0800 688 747

Fortisip	Code	Units per carton	Pharmacode
Chocolate 200ml bottle	52352	24	2220830
Vanilla 200ml bottle	52356	24	2220822
Strawberry 200ml bottle	52354	24	2220849
Banana 200ml bottle	52351	24	2220857

Ingredients

Fortisip Vanilla: water, maltodextrin, **milk** protein (sodium caseinate), sucrose, vegetable oil (canola oil, sunflower oil), tri potassium citrate, emulsifier (**soy** lecithin), flavour (vanilla), magnesium chloride, acidity regulator (citric acid), tri calcium phosphate, carotenoids (contains **soy**) (β-carotene, lutein, lycopene), choline chloride, calcium hydroxide, potassium hydroxide, sodium L-ascorbate, ferrous lactate, zinc sulphate, colour (curcumin), magnesium hydroxide, nicotinamide, retinyl acetate, copper gluconate, DL-α tocopheryl acetate, sodium selenite, manganese sulphate, calcium D-pantothenate, chromium chloride, D-biotin, cholecalciferol, thiamin hydrochloride, pteroylmonoglutamic acid, pyridoxine hydrochloride, cyanocobalamin, sodium molybdate, riboflavin, sodium fluoride, potassium iodide, phytomenadione.

A food for special medical purposes; to be used under strict medical supervision.

For more information call the
Nutricia Clinical Care Line **0800 688 742**

NZMN159DEC16

Fortisip

choc = chocolate

Nutrition Information		Per 100ml	Per serve*
Energy	kcal	150	300
	kJ	630	1260
Protein	g	6 (16%E)	12
Casein	g	6 (5.7 choc)	12 (11.4 choc)
Carbohydrate	g	18.4 (49%E)	36.8
Sugars	g	6.7	13.4
as Lactose	g	<0.025	<0.05
Fat	g	5.8 (35%E)	11.6
Saturates	g	0.6 (0.7 choc)	1.2 (1.4 choc)
Monounsaturates	g	3.5 (3.4 choc)	7.0 (6.8 choc)
Polyunsaturates	g	1.8 (1.7 choc)	3.6 (3.4 choc)
ω6 / ω3 ratio		4.8:1	4.8:1
Fibre	g	0 (0.3 choc)	0 (0.6 choc)
Water	ml	78 (77 choc)	156 (154 choc)

Minerals		Per 100ml	Per serve*
Sodium	mg	90	180
	mmol	3.9	7.8
Potassium	mg	159	318
	mmol	4.1	8.2
Calcium	mg	91	182
Phosphorus	mg	78	156
Magnesium	mg	23	46
Chloride	mg	87	174
Ca:P ratio		1.2:1	1.2:1

Vitamins		Per 100ml	Per serve*
Vitamin A	µg-RE	123	246
Vitamin D	µg	1.1	2.2
Vitamin E	mg-α-TE	1.9	3.8
Vitamin K	µg	8	16
Vitamin C	mg	15	30
Thiamin	mg	0.23	0.46
Riboflavin	mg	0.24	0.48
Niacin	mg NE	2.7	5.4
Vitamin B6	mg	0.26	0.52
Vitamin B12	µg	0.32	0.64
Folic Acid	µg	40	80
Pantothenic Acid	mg	0.8	1.6
Biotin	µg	6	12

Trace Elements		Per 100ml	Per serve*
Iron	mg	2.4	4.8
Zinc	mg	1.8	3.6
Manganese	mg	0.5	1
Copper	µg	270	540
Iodine	µg	20	40
Molybdenum	µg	15	30
Selenium	µg	8.6	17.2
Chromium	µg	10 (15 choc)	20 (30 choc)
Fluoride	mg	0.15	0.3

Other		Per 100ml	Per serve*
Carotenoids	mg	0.3	0.6
Choline	mg	55	110
Osmolality	mOsmol/kg H ₂ O	590 (580 choc)	590 (580 choc)

*Serve size: 200ml